



WEEK

1

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Main Dish

Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S

OPTION 2

Alternative Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4

Packed Lunch

Cheese Wrap MI;G or Ham Wrap G; Nachos Carrot Sticks & Apple Wedge Frube Yoghurt MI;

DESSERT

Ice Cream Sundae MI; or Fresh Fruit or Jelly

TUESDAY

Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)

Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll MI;G or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Shortbread Biscuit G;

Shortbread Biscuit G; or Fresh Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Cheese Wrap MI;G or Ham Wrap G; or Tuna Wrap E;F;G Nachos Carrot Sticks & Apple Wedge Flapjack G;

Flapjack G; or Fresh Fruit or Jelly

THURSDAY

Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;

BBQ Quorn Taco with Rice, Seasonal Vegetables E;

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll MI;G or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Vanilla Crunch G;E

Vanilla Crunch G;E; or Fresh Fruit or Jelly

FRIDAY

Battered Fish & Chips with Beans or Peas G;F;

Vegetable Goujons & Chips with Beans or Peas

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Wrap MI;G or Ham Wrap G; Nachos Carrot Sticks & Apple Wedge Cupcake G;E

Cupcake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.



WEEK 2

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Main Dish

Vegetable Pasta
Bolognese, Seasonal
Vegetables G;

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Iced Sponge G;E;

DESSERT

Iced Sponge G;E; or Fresh
Fruit or Jelly

TUESDAY

Breaded Chicken Steak,
Herby Diced Potatoes,
Salad G;

Sothern Style Quorn,
Herby Diced Potatoes,
Salad G;E;MI

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Jelly

Ice Cream Sundae MI; or
Fresh Fruit or Jelly

WEDNESDAY

Roast Pork, Crispy Roast
Potatoes, Seasonal
Vegetables, Gravy

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Baked Potato with Grated
Cheese MI; or Baked
Beans or
Tuna Mayo E;F & Salad

Cheese Wrap G;MI; or
Ham Wrap G; or Tuna
Wrap G;E;F
Nachos
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

Jelly & Ice cream MI; or
Fresh Fruit

THURSDAY

Sweet & Sour Chicken with
Rice, Seasonal Vegetables
CE;

Vegetable Chow Mein,
Seasonal Vegetables
G;E;S;SD;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Shortbread Biscuit G;

Shortbread Biscuit G; or
Fresh Fruit or Jelly

FRIDAY

Fish Fingers & Chips with
Baked Beans or Peas G;F;

Vegetable Spring Roll &
Chips with Baked Beans or
Peas G;S;SS

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Lemon Drizzle Cake G;E;

Lemon Drizzle Cake G;E;
or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.



WEEK 3

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Main Dish

Macaroni Cheese,
Seasonal Vegetables G;MI;

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

DESSERT

Ice Cream Sundae MI;

TUESDAY

Breakfast Brunch G;SD;E;

Vegan Breakfast Brunch
G;CE

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Chocolate Nest G;

Chocolate Nest G; or Fresh
Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Baked Potato with Grated
Cheese MI; or Baked
Beans or
Tuna Mayo E;F & Salad

Cheese Wrap G;MI; or
Ham Wrap G; or Tuna
Wrap G;E;F
Nachos
Carrot Sticks & Apple
Wedge
Chocolate Cookie G;

Chocolate Cookie G; or
Fresh Fruit or Jelly

THURSDAY

BBQ Chicken Wrap with
Rice, Seasonal Vegetables
G;

Vegetable Curry with Rice,
Seasonal Vegetables CE;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Fruit Muffin G;E;

Fruit Muffin G;E; or Fresh
Fruit or Jelly

FRIDAY

Chicken Dippers & Chips,
Beans or Peas G;CE;

Quorn Dippers & Chips
Beans or Peas G;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Chocolate Crunch G;E

Chocolate Crunch G;E; or
Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.